

## **ΠΡΟΓΡΑΜΜΑΤΑ ΦΥΣΙΚΗΣ ΔΡΑΣΤΗΡΙΟΤΗΤΑΣ ΣΕ ΑΣΘΕΝΕΙΣ ΜΕ ΧΡΟΝΙΕΣ ΠΑΘΗΣΕΙΣ (ΜΕ021)**

ΥΠΕΥΘΥΝΗ: ΕΥΑΓΓΕΛΙΑ ΚΟΥΙΔΗ

<b>Θεματολογία μαθημάτων</b>
Ο ρόλος των προγραμμάτων αποκατάστασης σε χρόνιες παθήσεις
Ένταξη ασθενών στα προγράμματα αποκατάστασης
Σύγχρονες εφαρμογές σε προγράμματα αποκατάστασης
Προγράμματα γύμνασης ασθενών με ΧΝΝ
Προγράμματα γύμνασης ασθενών με καρδιαγγειακά νοσήματα
Προγράμματα γύμνασης ασθενών με παχυσαρκία
Άσκηση και σακχαρώδης διαβήτης
Προγράμματα γύμνασης ασθενών με πνευμονοπάθειες
Προγράμματα γύμνασης ασθενών με υπερλιπιδαιμία
Προγράμματα γύμνασης σε άτομα με αισθητηριακές διαταραχές
Προγράμματα γύμνασης ασθενών με κακοήθειες
Παρουσίαση εργασιών

### **ΒΙΒΛΙΟΓΡΑΦΙΑ**

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