



SCHOOL OF MEDICINE – SCHOOL OF PHYSICAL EDUCATION & SPORTS  
SCIENCE  
ARISTOTLE UNIVERSITY OF THESSALONIKI  
**Inter School Graduate Program**  
**Sport and Health**

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**Φυσική Επαναδραστηριοποίηση Ασθενών με Χρόνιες Παθήσεις (ΜΕ030)**  
**Υπεύθυν: Κουϊδή Ευαγγελία**

**Περιεχόμενο**

Ένταξη ασθενών στα προγράμματα αποκατάστασης  
Εκτίμηση λειτουργικής ικανότητας ασθενών  
Προγράμματα αποκατάστασης - ιστορική αναδρομή- μέλλον  
Προγράμματα γύμνασης σε άτομα με αισθητηριακές διαταραχές  
Προγράμματα γύμνασης ασθενών με υπερλιπιδαιμία  
Προγράμματα γύμνασης ασθενών με καρδιαγγειακά νοσήματα  
Προγράμματα γύμνασης ασθενών με σακχαρώδη διαβήτη  
Προγράμματα γύμνασης ασθενών με χρόνια νεφρική νόσο  
Προγράμματα γύμνασης ασθενών με παχυσαρκία  
Προγράμματα γύμνασης ασθενών με κακοήθειες  
Προγράμματα γύμνασης ασθενών με μεταβολικό σύνδρομο  
Προγράμματα γύμνασης ασθενών πνευμονοπάθειες  
Σύγχρονες εφαρμογές της πληροφορικής στα προγράμματα αποκατάστασης

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